

## Application for Joining the Cardiff-Nantes Exchange 2026

Please stick a recent  
passport style photo

**Please return one form per person to David Lawson:**

**Email: lawsondavid726@gmail.com**

**By post: 3 St. Margaret Place, Whitchurch CF14 7AD**

**DATES of the Exchange: 11-18 April 2026 in Cardiff and 6- 13 June 2026 in Nantes**

**COST:** The cost of the Exchange Visit in 2026 will be: £625

**DEPOSIT: A non-refundable deposit of £50** is payable either on submission of this form or, at the latest, by **19 December 2025** (*Refundable only if cancellation is because we are unable to place you with a French host*)

**BALANCE: The balance of £575 is payable by 13 February 2026**

**PAYMENT:** preferably by bank transfer to: Association for the Cardiff-Nantes Exchange  
Lloyds Bank: Account number 01247762, Sort Code: 30-91-63. When paying by bank transfer, please reference your payment with your name and what the payment is for i.e. Deposit, final payment

Alternately, pay by cheque to: Association for the Cardiff-Nantes Exchange

**How did you hear about the exchange?**

<b>Please ensure you answer all questions and responses are legible if handwritten</b>	
<b>Full Name</b> (as it appears on your passport)	
<b>Gender: M/F</b>	<b>Date of Birth:</b>
<b>Address and Post Code:</b>	
<b>Email:</b>	
<b>Landline Number:</b>	<b>Mobile:</b>
<b>People I live with:</b> I live alone/ with a partner/ with children	
<b>Knowledge of French:</b> Beginner / Moderate / Good / Fluent	<b>Would you be happy to host a guest with only a basic knowledge of English? Yes/No</b>
<b>Occupation: (currently or formerly if retired):</b>	
<b>Leisure interests:</b>	

<b>The following documents are required for the visit to Nantes</b> <ul style="list-style-type: none"><li>• a valid passport - issued less than 10 years before and valid for at least 6 months after departure from France.</li><li>• GHIC or EHIC (Global/European Health Insurance Card)</li><li>• full personal travel insurance with medical repatriation</li><li>• NB To note from 12 October 2025, travellers to the Schengen area will be required to complete Entry/Exit System (EES) information.</li></ul>	<b>I accept these requirements:</b>  <b>Signed:</b>  <b>Date:</b>
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Name .....

Start date of passport	Expiry date of passport:	Passport Number
Do you have a current GHIC/EHIC card Yes / No	Date of expiry:	GHIC/EHIC number:
In which country was your passport issued?		
If you already have a valid insurance policy, please insert the following details.		
Insurance company:	Date of expiry:	Policy number: Contact Number:

Do you plan to participate in the Exchange with a partner/spouse? If so, add their name: If so, they will need to complete a separate application form.			
Have you participated in the Nantes Exchange before? Yes / No			
Is there anyone with whom you would particularly like to exchange?			
If you are accepted as a participant in the Exchange, do you have a preference for a: man/woman/ couple/don't mind? (please circle as appropriate)			
Are you able to host a French guest in your home?	Yes / No	No of guests:	No of bedrooms available:
NB: In allocating places on the exchange visit to Nantes, priority will be given to those able to host or to those who have made a significant contribution to the Association.			

<b>The following information will assist us in assessing your application and matching Cardiff and Nantes participants</b>			
Are you able to accompany your guest to go out in the evening, by car, public transport or taxi?			Yes / No
Are you able to accompany your guest to a pickup point, at Asda Coryton or National Museum			Yes / No
If this is not possible, what alternative arrangements would you make?			
Do you smoke?	Yes / No	Would you host a smoker?	Yes / No
<b>Please note that the various visits and excursions can be quite physically demanding:</b>			
Do you have any mobility issues? Please specify (on a separate sheet if you prefer).			Yes / No
Are you able to walk for ½ a mile unaided, including gradients and steps, and stand for in excess of 30 mins?			Yes / No
Does your home present any potential hazards for guests? e.g. steps/ gradients/low ceilings? Please specify hazards:			Yes / No
Do you have any dietary requirements or requests? Please specify:			Yes / No
Do you have any allergies, including food allergies? Please specify:			Yes / No
Do you have any pets? Please specify what and how many:			Yes / No
Would you be willing to stay in a home with pets?			Yes / No
Do you have any further specific needs? Please specify:			
Would you be willing to assist in the organisation of a visit or activity?			Yes / No
<b>If there is any further information you would like to add, please do so on this form or confidentially on a separate sheet.</b>			